**UHV Assignment 1**

Practice session to discuss natural acceptance in human being.

**Aim :** To understanding Natural Acceptance by discussion on - “What do you mean by your natural acceptance? Illustrate with examples. Is it invariant with time and place?”

**Ans:**

For me the Natural acceptance is the state where my heart and mind both will be satisfy. Natural acceptance is something where we feel safe at, we feel accepted in our surrounding, we feel respected, we feel happy and so on. It is something that will not change irrespective of our age, place, what time period, gender. Being emotionally and financially stable can be interpreted as being happy in vague manner. Natural acceptance is the bunch of feelings like love, satisfaction, pleasure, joy and many more which tends to make our mind to feel or at ease.

Being happy can be considered as a part of my natural acceptance. At the end of the day, having peace and comfort in your inner self and having satisfaction as well as sense of accomplishment makes me happy. And this is not going to change irrespective of anything. At any age I want my life to be peaceful rather than being full of complications. Happiness is rather being emotionally stable than the feeling of unhappiness.

Natural acceptance is not affected by time and place at all for example, the people in 18th century were also wanted to be happy and get respect from the society as like today, and we know for sure that the people in the future as such people from 22nd century will also wish to be happy and prosperous. Just like the natural acceptance does also not change with place for an example, people in Germany will also like to be trusted and will also with to be happy as like ourself as the people in India, so the place and the time does not matter in the natural acceptance at all!